

**IT SEAR**  
**BAR & GRILL**

## SHARERS

**Baked Feta – With onions, tomatoes, chilli, and sourdough. £14.50**

**House Platter – Olives, anchovy butter, pâté, hummus, salami,  
chorizo, sourdough, crackers, dips, salad & chutneys. £18**

## BREADS

**Hummus & Flatbread. £5 (V)**

**(V) Garlic Tomato Curry – With flatbread. £5.50 Whipped Goats**

**Cheese – Pomegranates, olive oil & flatbread. £6**

**Chicken Liver Pâté – Sourdough & chutney. £6.50**

## SMALL PLATES

**Mini Lamb Kebabs – Flatbread & green yoghurt. £7.50**

**(G) Crispy Pork Belly – With sweet roasted  
red cabbage purée. £7**

**Beetroot Cured Salmon – Fried capers, lemon yoghurt & crackers.**

**£7 (V) (VE) (G) Butternut Squash & Pepper Crumble. £8**

**(V) Gochujang Cauliflower Bites – Lemon yoghurt. £7**

**(G) Chilli & Lime Chicken Thighs – Boneless. £8**

**Seabass – Puttanesca sauce. £8**

**(V) Mini Cheese Pie. £7**

**(V) Halloumi Sticks – Hot honey dip. £7**

**(V) (G) Fried Spiced Corn Bites. £7**

# STEAKS

FROM OUR LAVA GRILL

(INCLUDES ONE SIDE)

Chicken Kebab – £19

(Steaks include one side of your choosing)

6oz Rump – £19

10oz Rump – £24

10oz Sirloin – £27

10oz Ribeye – £29

8oz Fillet – £36

# SAUCES

Peppercorn – £3 (V) Cowboy Butter – £3.50

Beef Fat Chimichurri – £3 Red Wine Jus – £3

# BURGERS

(Served with Fries)

Chicken Burger – £16.50

Smash Burger – £15.50

# SALADS

(V) (VE) Seasonal Salad – £4

(V) (VE) Cucumber Salad – £4

(V) Greek Salad – £3.50

# SIDES

**(V) Garlic Sourdough – £4**

**(V) Cheesy Garlic Sourdough – £4.50**

**(V)(VE) Toasted Sourdough with Tomatoes, Olive Oil & Anchovies – £5**

**(V) Skinny Fries – £5**

**(V) Parmesan Potato Galettes – £5.50**

**(V) Roasted Tenderstem Broccoli – £5**

**(V) Honey Roasted Carrots – £4**

**(V) Buttery Herb Roast Potatoes – £5**

**(V) Sautéed Garlic Mushrooms – £5**

# JUNIORS

**Chicken Nuggets, Fries & Peas/Beans – £7**

**(V)(VE) Veg Bites & Fries – £7**

**Lamb Meatballs – Tomato sauce & flatbread. £7**

**Kids' Sausages, Fries & Peas/Beans – £7**

**OVER 11'S ONLY AFTER 7PM ON FRIDAY & SATURDAY**

## DIETARY INFORMATION

**(V) VEGETARIAN | (VE) VEGAN | (G) GLUTEN-FREE**

**(D) DAIRY-FREE | (S) SESAME | (C) CELERY**

**ALLERGENS: PLEASE INFORM STAFF OF ALLERGIES OR DIETARY NEEDS BEFORE ORDERING. NUTS & PEANUTS ARE PRESENT ON THE PREMISES.**